



THIS ISSUE HAS GONE TO THE DOGS!



JUNE 2009

VOL. 2, NO. 2



THE EAST SIDE

SCOOP

Tips for surviving the dog days of **Summer**



Jennifer Schum, RN
DIVISION MANAGER

As a home health care therapist, summer heat can provide some real challenges. Taking a few preventative steps can help insure safe travel when making visits during the summer months.

- Drink plenty of fluids, even if you don't feel thirsty. Water is better than sugary soft drinks, but if you feel like you are running on empty you might try a sports drink to replace the salt and minerals that you lose in sweat.

- Don't wait until you are thirsty. Start drinking fluids at least 30 minutes before going out in the heat.

- Avoid caffeine. It is a diuretic and will deplete you of fluid rather than adding hydration.

- Wear light-colored, loose-fitting cotton

clothing. Scrubs are idea for summer visits.

- Apply sunscreen. Yes, even in your car with tinted window you can get burned. Apply SPF 30 or higher especially to your left arm and your face to avoid the "truckers tan".

- Cars heat up very quickly when parked. Consider using a windshield shade when out of the car on visits. Tossing a towel over your steering wheel and driver's seat while you are out of the car will make it more comfortable when you return.

- Should you encounter a patient home without air-conditioning or fans, contact Amanda to assist the family with resources.

- Stop by the T2K office if you need a cool break and a water refill.

Obedience training: The Discharge Process

Do you need to discharge a child but are not sure of the process? Here are a few guidelines to help you out!

- Prepare your families for discharge. At a minimum, a few weeks prior to discharge review the plan of care with parents and discuss how the family will carry out the home program once you leave the home.

- E-mail or call Amanda with

notification of a pending discharge including the reason for discharge so that she can communicate this information to the ordering MD.

- Give the family the written Discharge Notification form a minimum of five days prior to the Agency discharge. These forms are available at the office and can also be downloaded and printed from MyT2K.com. Discharge notification forms must be turned in to the

office within 3 days of discharge.

- The completed Discipline Discharge Summary is due the Monday following your last visit. The Agency Discharge Summary is due by the following Tuesday.

- For questions regarding discharge, contact Amanda at 469-484-4203. She will be happy to help you with this process.



CHEW ON THIS

March for Respect	2	Pet Detective	5	100 Percenters	7
At the Dog Park	3	AtTSHA	6	New employees	8
WhirlyBall	4	East Family News	7	Fish Bowl Winners	8



March for Respect 2009



At the Dog Park



Doggone fun at WhirlyBall





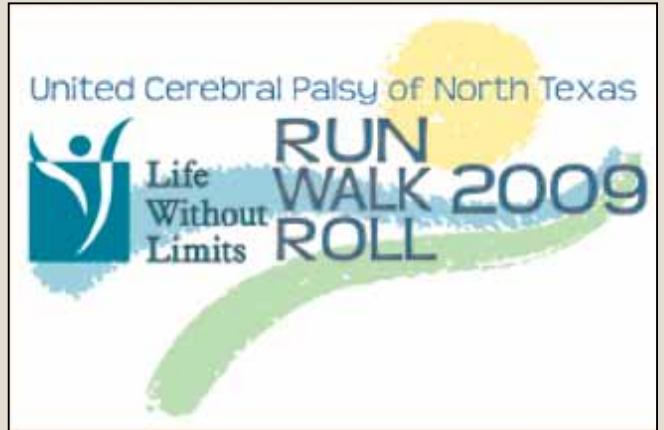
SLPs: Stay out of the Doghouse

- A hearing screening must be done on all start-of-care speech patients within 4 weeks of the initial evaluation. Everything you need (otoscope, audiometer, extra hearing screening protocols) is available at the Division office. Please direct all questions to Eileen @ 469-484-4206.
- The T2K oral mech. exam needs to be completed during every dysphagia evaluation regardless of whether you are recommending NMES (Vital Stim) or not. Please include your rating scores in the evaluation. Extra copies of the protocol can be printed from MyT2K.com. Be sure to turn in a copy of the protocol into the East office.



Unleashed in Reverchon Park

Save The Date: August 15th 2009 is United Cerebral Palsy 5K Run, Walk, & Roll
 Interested in forming a team? Contact Eileen Wade for registration information



Reese



Butters



Lucy

Calling all Pet Detectives!

After running with the pack, these three slick puppies learned some new tricks and ditched their owners!
 Are you enough of a hound dog to match each pup with its owner and not bark up the wrong tree?



Brianne



Eileen



Haley



OT Journal Review Club



At TSHA



Fetch these facts!

As part of our Dog Park Day we polled the pooch populace to see who really knew their due dates. Please take the quiz, check your answers and compare yourself to our furry friends.

Items of Importance

1. VVLs are due in the office
2. Discharges must be completed
3. Physician Updates must be completed
4. 485/Re-evaluations must be completed
5. Admit completed and submitted
6. 485/Initial Evaluations must be completed
7. Admit call log must be submitted
8. Baby Yates arrival
9. Time for returning staffer phone calls
10. Caseload updates e-mailed to staffer
11. East Office Staff Lunch Time
12. End of the month Summary Call logs
13. TP2s are due
14. Connecting your tablet
15. Admit paperwork and P.A.N. mailed or delivered to the office

Due Dates

- A. Next business day
- B. Monday after the last visit
- C. July 4th!
- D. Within 2 days of receiving MD orders
- E. Never later than 11:30 am
- F. Same Day
- G. Friday after first Monday
- H. Every day or every other day
- I. First Monday

Canine Comparison

Compare your number of correct responses to those of the dogs we surveyed below.

Correct answers = 0 OFF to the POUND with you!

Correct answers = 1-5 Chihuahua (Brave and Good-natured)-Chester the Chihuahua was brave to take our match test, and good-natured enough to hear that he needed to "bone up" on some of his due dates!

Correct answers = 6-10 Shetland Sheepdog (Active and Intelligent) - Shaggy the Shetland Sheepdog was actively engaged in the match test, and intelligent enough to "dig up" his flip cards for more due date clarification!

Correct answers = 11-15 Weimaraner (Alert and Responsive) - Paws Down - Wanda the Weimaraner wows our surveyor! She is alert to her due dates and is responsive to the time sensitive nature of our work.

Answer Key:

1-G; 2-B; 3-I; 4-I; 5-A; 6-A; 7-D; 8-C; 9-F; 10-I; 11-E; 12-I; 13-I; 14-H; 15-A

East Family News

★ **Ashley Stewart**, ST delivered a healthy 19", 5 lb. 15 oz. baby boy named Cooper on May 24th. Cooper's big sister is thrilled that he has finally arrived.

★ **Lucy Liu**, ST completed her doctorate in Audiology. She also was awarded the Professional Leadership Award from the Audiology Foundation of America. She celebrated by going to Disney World. Way to go!

★ **Lynn Watters**, OT enjoyed being the mother-of-the-bride on May 30th when Kelly, one of her twin daughters, got married.

★ **Angel Butler**, OT is busy taking care of a litter of 5 adorable Rottweiler puppies.



DOG-GONE IT, THESE ARE REAL WINNERS!

Congratulations to these full-time and part-time employees who have met or exceeded **100%** of their Productivity Quota each month from January to April 2009!

- ★ Kristy Winiger
- ★ Cherish Flanagan
- ★ Patia Kinzler
- ★ Brianne Richardson
- ★ Lynn Waters
- ★ Sherri Woloszyn
- ★ Steve Tate
- ★ Tran Tran

Welcome to our Family!



Estefania Bizama recently joined our team as a bilingual, SLP Assistant. She was born and raised in Argentina. She is currently working on her Master's degree at UTD. She can't wait to graduate in May 2010! When she's not studying, she enjoys sipping Starbucks coffee and hanging with her dog, Rocky.



Christie Smith was hired as a full-time, SLP after-school therapist. She earned her Master's degree from SE Missouri State University. She recently moved from her home state of Arkansas to Dallas. She has quickly learned her way around the Dallas highways. She loves physical activities — anything from working out, enjoying the outdoors or attending a ball game.



Haley Allison is a new OT who graduated from Colorado State University. Haley returned home to Richardson and is living with her dog, Butters, a 10-month old golden retriever. She is proud that during college she was a group fitness instructor for all five years. Her athletic prowess was proven on the Whirly Ball court!



Corinne Bayer is a PT returning to the THERAPY 2000 family. Corinne graduated from Quinnipiac University in Connecticut and has five years of experience. She has a mighty Chihuahua named Sampson. Welcome back Corinne!



Darla Camacho, CF-SLP was recently hired as a PRN therapist. She just graduated from UTD in May. She will be working full-time for Mesquite ISD in the fall. She enjoys reading and camping with her husband and two daughters.

Tanya Santos was recently hired as a full-time bilingual SLP for the East division. She just completed her clinical fellowship year from Richardson ISD. She graduated from TexasTech with her B.A. (Go Raiders!) and her Master's from UTD.



CARTOON BY JENNY LOEHR
WWW.CURLYGIRLSTUDIOS.COM



THERAPY 2000
18640 I-635N
Suite 200
Mesquite, TX 75150
214-467-9787

<http://www.t2000.com/newsletters.html>



Fish Bowl of Fun Winners

To be entered into the drawing, you must have all of your First Monday paper work submitted on time. The following accomplishments earn you an entry:

- 100% productivity for the month (>100% earns an extra entry)
- Complete 90% of your scheduled visits (>95% earns an extra entry)

Congratulations to our winners! They each received a \$25 gift certificate. Well done! Thanks for working so hard!

March

Jennifer Asbill,
Alejandra Chaparro,
Brianna Richardson,
Brittany Robertson

April

Jennifer Bugg,
Zeke Valdez, Sha Ward,
Kristy Winiger

May

Steve Tate, Liz Darby,
Brianna Richardson,
Sherri Wolosyn